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Authors

Reyhaneh Doost

Yaghoub Fathollahi¹

Mohammad Javan $1,2^*$

1 Department of Physiology, Faculty of Medical Sciences, Tarbiat Modares University, Tehran, Iran. 2 Institute for Brain and Cognition, Tarbiat Modares University, Tehran, Iran.

***Corresponding author:**

Mohammad Javan

Department of Physiology, Faculty of Medical Sciences, Tarbiat Modares University, Tehran, Iran.

Email:mjavan@modares.ac.ir

Altered iron metabolism in postmortem white matter tissue of patients with multiple sclerosis

ABSTRACT

Introduction: Iron is an essential element that works as a cofactor in mitochondrial respiration, neurotransmitter biosynthesis, and myelination enzymes. Several pieces of evidence reveal that iron accumulates in demyelinating lesions in patients with multiple sclerosis (MS), and its intracellular homeostasis is disrupted, which exacerbates inflammation and demyelination.

Methods: We reanalyzed a microarray human MS dataset from GEO DataSests, under accession number GSE108000. We examined differentially expressed genes involved in iron metabolism between different types of MS lesions and peri-lesional normal-appearing white matter (PL-NAWM). We used GEO2R for differential expression analysis and created volcano plots, Venn diagrams, and pie charts for data visualization using RStudio software.

Results: We identified 58 genes involved in iron metabolism within the dataset. The expression of key iron-regulating genes, responsible for iron uptake, storage, and export, including CYBRD1, STEAP3, SLC39A14, FTL, FTH1, and CP were significantly changed. We also indicated significant alterations in the iron regulatory pathways in MS lesions and the PL-NAWM. The most prominent alterations were related to the iron uptake pathway, which showed enhanced activity.

Conclusion: Significant changes in iron regulatory gene expressions across MS lesions and the PL-NAWM may lead to dysregulation in iron homeostasis. This imbalance likely contributes to neurodegenerative processes associated with MS. The modifications in the PL-NAWM can be regarded as early-disease indicators. Recognizing these molecular changes provides valuable insights for facilitating timely MS diagnosis and developing targeted therapeutic strategies.

Keywords: Multiple sclerosis; Iron metabolism; Gene expression; MS lesions; Normal-appearing white matter; Bioinformatics

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INTRODUCTION

It is well known that iron plays a crucial role in many cellular functions. It acts as a cofactor for enzymes involved in oxidative metabolism, mitochondrial respiration, neurotransmitter biosynthesis, myelination, DNA repair, and cellular proliferation and differentiation (1, 2). Even though, iron is a multivalent metal, capable of switching between two forms, ferrous and ferric, acting as a double-edged sword for the cell. Ferrous iron participates in the Fenton reaction, producing free radicals which in the excessive iron condition cause oxidative stress and push the cell toward iron-dependent programmed cell death known as ferroptosis (3, 4). Thus, its homeostasis needs to be precisely tuned and the expression of proteins involved in iron uptake, storage, and release must be balanced and coordinated in the body. One of the most important iron carriers is transferrin, which transports iron in its ferric form. Iron influx is regulated via the transferrin receptor 1 (TfR1) or other transferrin-independent transporters including divalent metal transporter 1 (DMT1), and ZRT/IRT-like protein 14 (ZIP14). Furthermore, most CNS cells express mitoferrin1/2, iron transporters into the mitochondria. Iron is stored within ferritin composed of ferritin heavy chain (FTH) and light chain (FTL) subunits, and can leave the cell in its ferrous form through the transporter ferroportin. Hepcidin binds to ferroportin, reducing iron export from the cell (5-7).

Iron balance is disrupted and lost in many neurodegenerative disorders, including multiple sclerosis (MS) leading to iron accumulation at the demyelinating lesion sites in the brain and the spinal cord (8, 9). Inflammatory processes alter iron-regulating proteins in cells and promote iron accumulation (10, 11). The expression of iron importers such as Tfr1, DMT1, and ZIP14 is increased in microglia, astrocytes, and neurons following the LPS stimulation in vitro (12). Similar results have been shown in the studies conducted on MS animal models (13, 14). They have also revealed, that under demyelination conditions, the expression of the iron exporter ferroportin decreases in neurons and microglia following an increase in hepcidin, while it increases in astrocytes. Additionally, the expression of ferroxidase proteins is reduced in microglia, whereas ferritin protein levels rise in these cells. These findings indicate due to demyelination or inflammatory cytokines, iron accumulates inside the glial cells and neurons. Accumulation of iron causes oxidative damage and promotes the inflammatory process (15-17). Ultimately, these may result in the progression of lesions and disease exacerbation (18, 19). Studies using magnetic resonance imaging (MRI) have revealed a correlation between the severity of MS and iron accumulation in the central nervous system (CNS) (20, 21). Therefore, understanding the cellular pathways involved in intralesional iron accumulation in MS can provide insights into potential therapeutic strategies and enhance diagnostic methods for better management of multiple sclerosis.

In the present study, we reanalyzed a microarray dataset to investigate how iron metabolism is affected by MS. We looked at different types of MS lesions, including chronic active rim, inactive rim, and peri-lesional normal-appearing white matter (PL-NAWM) around the lesions. By re-analyzing the differentially expressed genes (DEGs) in each type of lesion and across all MS lesions, we could identify the proteins responsible for disrupting iron homeostasis and causing its accumulation.

METHODS

Dataset selection

To reanalyze publicly available datasets concerning MS in human patients, we selected the microarray MS dataset from the National Center for Biotechnology Information (NCBI) Gene Expression Omnibus public database (GEO), GEO DataSests, under accession number GSE108000. This dataset comprises tissues isolated from the rim and peri-lesional (PL) region of chronic active and inactive MS lesions from 15 MS patients (7 samples from chronic active lesions and 8 samples from inactive lesions, both including the rim of the lesions and the normal-appearing white matter around the lesions, totaling 40 samples), as well as white matter (WM) from 10 matched non-neurological control subjects, Using laser-based microdissection. The gene expression variances were examined using Agilent Human Gene Expression $4 \times 44K$ v2 microarrays. Detailed donor characteristics are available in the original report (22).

Initial analysis

We assigned 4 comparisons: 1. rim of MS lesions $(n=15)$ vs. control WM $(n=10)$, 2. chronic active rim $(n=7)$ vs. control WM $(n=10)$ 3. inactive rim $(n=8)$ vs. control WM $(n=10)$ 4. $MS-PL-NAWM$ (n=15) vs. control WM (n=10)

Then, the initial analyses including log transformation, normalization, and statistical analysis were performed on the established comparisons using an online tool GEO2R on the NCBI platform, utilizing the GEOquery and limma packages. Subsequently, genes exhibiting

the most significant differential expression based on p-value and adjusted p-value were selected.

DEGs and pathway analysis

The processed expression data were imported into RStudio software for the following analysis. Genes associated with iron metabolism were identified and extracted using subset function. Subsequently, differential expression analysis was conducted to compare each pathological state with the control group. Genes with log2FC > 0.6 and p-value < 0.05 were considered significantly upregulated, while genes with $log2FC$ < -0.6 and p-value < 0.05 were considered significantly downregulated. To visualize DEGs volcano plots were created using

the ggplot2 package. Additionally, Venn diagrams were generated using the VennDiagram package to illustrate the overlap of DEGs across the different conditions. The pie charts were created to depict each group's alterations in iron metabolic pathways.

A complete list of genes involved in iron homeostasis, sourced from the RGD database [\(https://rgd.mcw.edu/rgdweb/pathway/pathwayR](https://rgd.mcw.edu/rgdweb/pathway/pathwayRecord.html?acc_id=PW:0000590&species=Human#gviewer) [ecord.html?acc_id=PW:0000590&species=Hum](https://rgd.mcw.edu/rgdweb/pathway/pathwayRecord.html?acc_id=PW:0000590&species=Human#gviewer) [an#gviewer\)](https://rgd.mcw.edu/rgdweb/pathway/pathwayRecord.html?acc_id=PW:0000590&species=Human#gviewer) specific to humans, along with their physiological functions and their presence or absence in the available dataset, is detailed in Table 1.

Symbol	Name	Pathway	Gene Ontology (molecular function)	Detection in dataset
ACO1	aconitase 1	iron homeostasis pathway	3 iron, 4 sulfur cluster binding [GO:0051538]; 4 iron, 4 sulfur cluster binding [GO:0051539]; aconitate hydratase activity [GO:0003994]; citrate dehydratase activity [GO:0047780]; iron-responsive element binding [GO:0030350]; metal ion binding [GO:0046872]; RNA binding [GO:0003723]	Detected
FBXL5	F-box and leucine rich repeat protein 5	iron homeostasis pathway	iron ion binding [GO:0005506]; ubiquitin-protein transferase activity [GO:0004842]	Detected
IREB2	iron responsive element binding protein 2	iron homeostasis pathway	4 iron, 4 sulfur cluster binding [GO:0051539]; aconitate hydratase activity [GO:0003994]; iron-responsive element binding [GO:0030350]; metal ion binding [GO:0046872]; RNA binding [GO:0003723]	Detected
NCOA4	nuclear receptor coactivator 4	iron homeostasis pathway	transcription coactivator activity [GO:0003713]	Detected
PCBP1	poly(rC) binding protein	iron homeostasis pathway	cadherin binding [GO:0045296]; DNA-binding transcription factor activity, RNA polymerase II-specific [GO:0000981]; mRNA binding [GO:0003729]; RNA binding [GO:0003723]; sequence-specific single stranded DNA binding [GO:0098847]; single-stranded DNA binding [GO:0003697]	Detected
PCBP ₂	poly(rC) binding protein 2	iron homeostasis pathway	C-rich single-stranded DNA binding [GO:1990829]; enzyme binding mRNA binding [GO:0003729]; RNA $[GO:0019899]$; binding [GO:0003723]; single-stranded DNA binding [GO:0003697]; ubiquitin protein ligase binding [GO:0031625]	Detected
PCBP3	poly(rC) binding protein 3	homeostasis iron pathway	C-rich single-stranded DNA binding [GO:1990829]; DNA-binding transcription repressor activity, RNA polymerase II-specific [GO:0001227]; double-stranded DNA binding [GO:0003690]; mRNA binding [GO:0003729]; RNA binding [GO:0003723]	Detected
PCBP4	poly(rC) binding protein 4	homeostasis iron pathway	DNA binding [GO:0003677]; mRNA 3'-UTR binding [GO:0003730]; mRNA binding [GO:0003729]; RNA binding [GO:0003723]	Detected
CIAO1	cytosolic iron- sulfur assembly component 1	cytosolic iron- sulfur cluster protein assembly pathway		Detected
CIAO2A	cytosolic iron-	cytosolic iron-	metal ion binding [GO:0046872]	Non-

Table 1. List of genes involved in iron regulatory pathways and related information.

RESULTS

Identifying Differentially Expressed Genes Involved in Iron Metabolism through MS Regions

By reanalyzing the microarray MS dataset, we identified 58 out of 62 genes involved in iron metabolism. Among these, 13 genes showed altered expression in MS lesion rims, while 12 genes were differentially expressed in the PL-NAWM compared to the control white matter (WM). Furthermore, the gene expression

changes related to iron metabolism in the chronic active and inactive rims were separately compared to control WM. The most significant changes were observed in 15 genes showing altered expression in the rim of chronic active lesions (Fig. 1A). To identify gene expression changes specific to each lesion and common between MS lesions, each area (including all MS lesions, the chronic active rim, the inactive rim, and the PL-NAWM) was compared against the control WM (Fig. 1B). It was found that 6 of genes (*CP, CYBRD1, STEAP3, SLC39A14,*

ABCB7, FTL) were commonly upregulated among MS regions. In comparison, 4 genes (*PCBP4, NDOR1, FTH1, ALAD*) showed a common decrease in expression across these regions. Conversely, the number of genes specifically altered in each area was much lower. It included the genes *TSPO* (involved in heme biosynthesis) and *SLC39A8* (encodes one of the iron transporters into cells), whose expressions

were specifically increased in the chronic active and inactive lesions rim, respectively. In addition, 2 genes, *TF* (transferrin, iron carrier) and *ALAS2* (involved in heme biosynthesis) were downregulated in the chronic active lesions rim, and the gene *PPOX* (also involved in heme biosynthesis) showed decreased expression in the MS peri-lesional normal-appearing white matter.

Fig. 1. The number of genes with changed expressing levels involved in iron metabolism in MS lesions and the PL-NAWM. A - The Venn diagram represents the number of overlapping and lesion-specific DEGs between MS lesion types (chronic active and inactive rim) and PL-NAWM compared to control WM tissues. B - The number of altered genes in each MS lesion and the PL-NAWM is reported.

Differentially Expressed Genes Involved in Iron Metabolism at the MS Lesions Rim

In the next step, we analyzed significant alterations in the genes related to iron homeostasis at the rim of MS lesions V.S control WM based on p-values. The expression of key

iron-regulating genes, responsible for iron uptake, storage, and export, has been significantly altered. The genes *CP* (ceruloplasmin; ferroxidase that helps iron export from cells), *FTL* (ferritin light chain), *STEAP3* (endosomal ferrireductase involved in

iron uptake), *SLC40A1* (FPN, iron exporter), *CYBRD1* (plasma membrane iron reductase; effective in iron entry into cells), *ABCB7* (involved in the transfer of cytosolic iron-sulfur clusters from mitochondria to cytosol), *SLC39A14* (ZIP14; one of the iron uptake transporters), showed significant increase in expression. On the other hand, in this region, genes *PCBP4* (involved in iron homeostasis), *TFRC* (transferrin receptor, responsible for iron

entry into cells), *NDOR1* (NADPH-dependent reductase; involved in cytosolic iron-sulfur cluster protein assembly pathway), *NUBP2* (essential for maturation of extramitochondrial Fe-S proteins), *ALAD* (catalyzes the second step in the porphyrin and heme biosynthetic pathway), and *FTH1* (ferritin heavy chain), showed a significant decrease in expression compared to the control WM (Fig. 2A, B).

Fig. 2. Differentially expressed genes involved in iron regulatory pathways in the rim of MS lesions. A - The volcano plot illustrates DEGs in the rim of MS lesions compared to the control WM. Genes with decreased expression were plotted in blue, and genes with increased expression were plotted in red. B - The bar chart represents genes with increased expression (red) and decreased expression (blue) in the rim of MS lesions compared to control WM based on log2 fold change (Log2FC>0.6 / <-0.6, p-Value <0.05).

Differentially Expressed Genes Involved in Iron Metabolism at the Chronic Active Rim

In the chronic active rim as compared to the control white matter (WM), a notable upregulation was observed in the expression of genes such as *CP, FTL, STEAP3, SLC40A1, CYBRD1, ABCB7, SLC39A14,* and *TSPO* (involved in heme biosynthesis). Conversely, a significant downregulation was noted in the expression of genes including *PCBP4, TF* (transferrin, an iron carrier), *NDOR1, NUBP2, ALAS2, ALAD* (involved in the production of essential enzymes for heme synthesis), and *FTH1* (Fig. 3A, B).

Fig. 3. Differentially expressed genes involved in iron regulatory pathways in the chronic active lesion rim. A - The volcano plot illustrates DEGs in the chronic active rim compared to the control WM. Genes with decreased expression were plotted in blue, and genes with increased expression were plotted in red. B - The bar chart represents genes with increased expression (red) and decreased expression (blue) in the chronic active rim compared to control WM based on log2 Fold Change (Log2FC > 0.6 / < -0.6, $P-Value < 0.05$).

Differentially Expressed Genes Involved in Iron Metabolism at the Inactive Rim

The analysis of DEGs between the inactive rim and the control white matter (WM) reveals notable changes in gene expression. Genes such as *CP, STEAP3, ABCB7, CYBRD1, FTL,* *SLC39A14, and SLC39A8* (ZIP8, an iron transporter into cells) have shown a significant increase in expression. Conversely, genes *PCBP4, FTH1, ALAD, NDOR1, NUBP2,* and *TFRC* demonstrated a substantial decrease in expression (Fig. 4A, B).

Fig. 4. Differentially expressed genes involved in iron regulatory pathways in the inactive rim. A - The volcano plot illustrates DEGs in the inactive rim compared to the control WM. Genes with decreased expression were plotted in blue, and genes with increased expression were plotted in red. B - The bar chart represents genes with increased expression (red) and decreased expression (blue) in the inactive rim compared to control WM based on log2 Fold Change (Log2FC $> 0.6 / < 0.6$, P-Value $<$ 0.05).

Differentially Expressed Genes Involved in Iron Metabolism at the PL-NAWM

Eventually, we investigated the genes with altered expression in the PL-NAWM compared to the control WM. Despite the lack of myelin destruction and axonal damage in these areas, the genes encoding key iron-regulatory factors

still exhibited significant changes in expression; Specifically, the upregulation was observed in the genes *CP, CYBRD1, STEAP3, ABCB7, SLC39A14, and FTL,* while significant downregulation was noted in the genes *PCBP4, NDOR1, NUBP2, ALAD, FTH1,* and *PPOX* (Fig. 5A, B).

Fig. 5. Differentially expressed genes involved in iron regulatory pathways in the MS-PL-NAWM. A - The volcano plot illustrates DEGs in the MS-PL-NAWM compared to the control WM. Genes with decreased expression were plotted in blue, and genes with increased expression were plotted in red. B - The bar chart represents genes with increased expression (red) and decreased expression (blue) in the MS-PL-NAWM compared to control WM based on log2 Fold Change (Log2FC > 0.6 / < -0.6, P-Value < 0.05).

Investigating the changes in iron regulatory pathways in various types of MS lesions and PL-NAWM

Given the significant changes observed in the expression of genes encoding factors that play a crucial role in iron regulation and homeostasis within all types of MS lesions and the PL-NAWM, we decided to investigate how these genes contribute to changes in iron regulatory pathways, particularly within each distinct region. Pathway analysis of DEGs revealed significant alterations in the iron uptake, iron efflux, iron storage pathway, iron homeostasis, heme biosynthetic, cytosolic iron-sulfur cluster protein assembly, and mitochondrial iron-sulfur cluster export pathways (Fig. 6).

These findings indicate a notable prevalence of significant changes and the highest number of DEGs associated with the iron uptake pathway in various MS lesions and the PL-NAWM. Specifically, the chronic active rim exhibits a 27% prevalence, the inactive rim 42%, all MS lesions collectively 31%, and the PL-NAWM 25%. Furthermore, the chronic active rim's most significant changes are linked to the heme synthesis pathway (20%), while the inactive rim is associated with the iron storage pathway (17%). The changes in MS lesions' rim are equally distributed among three pathways involved in iron storage and export, and cytosolic iron-sulfur cluster protein assembly (15%). Similarly, the PL-NAWM exhibits equal distribution among three pathways related to iron storage, biosynthesis of heme, and cytosolic iron-sulfur cluster protein assembly (17%).

Fig. 6. Changes in DEGs-associated iron regulatory pathways in different MS lesion types and PL-NAWM. The pie chart represents the percentage of changes related to each iron regulatory pathway in MS lesions and PL-NAWM compared to the control WM.

DISCUSSION

In the present study, by reanalyzing DEGs from the microarray MS human dataset we provide the transcriptional profile of genes involved in iron metabolism through lesions and peri-lesional NAWM in patients with MS. These findings effectively indicate the significant alterations in the iron regulatory pathways in both chronic active and inactive rims and also in the PL-NAWM of MS patients. The most alterations were related to the iron uptake pathway, which showed more activity (Fig. 6). Along with our study, a single-cell RNA sequencing (sc-RNAseq) study performed on the microglia isolated from post-mortem gray matter (GM) and WM tissues, mentioned significant changes in iron metabolism in the GM's microglia (23). In detail, we reported the key iron regulatory genes differentially expressed across all four pathologically distinct regions. These results are particularly noteworthy due to the significant alterations observed in genes associated with iron regulatory pathways in PL-NAWM (Fig 5). These changes are also evident in various MS lesions (Figs 2-4). Notably, these genetic modifications precede plaque formation and may be causally linked to the genesis of lesions and the progression of MS pathology. ZIP14 (SLC39A14) and ZIP8 (SLC39A8) are members of the divalent metal transporter family responsible for transporting ferrous iron into cells (24, 25). CYBRD1 is an enzyme located on the plasma membrane acting as a ferric reductase (26). It forms a complex with divalent metal transporters on the plasma membrane, facilitating the iron entry into the cell by converting extracellular ferric to ferrous iron. The upregulation of *SLC39A14* and *CYBRD1* genes has been consistently observed in all MS lesions and the PL-NAWM (Fig 2-5), which may lead to higher levels of ferrous iron, the toxic and unstable form of iron, inside the cells. Moreover, the STEAP3 protein, an endosomal metalloreductase, is implicated in iron uptake through the transferrin-dependent pathway by converting ferric to ferrous iron within endosomes (27). The increased expression of the *STEAP3* gene detected in all lesions and the PL-NAWM (Fig 2-5) likely contributes to elevated labile iron levels within the cells. On the other

hand, the expression of the ferritin light chain (*FTL*) gene, responsible for the ferritin complex formation to store iron in a non-toxic, ferric form, has increased (Fig 2-5). The snRNA-seq study, conducted on various types of MS lesions also demonstrated substantial upregulation of the ferritin genes (*FTL* and *FTH1*) in activated glial cells at the chronic active edge lesion (28). Moreover, another snRNA-seq in MS normalappearing prefrontal cortices has revealed an upregulation of these genes in oligodendrocytes and *FTH1* in astrocytes (29). In contrast to these findings and other expression studies on MS animal models (13, 14), the expression of the ferritin heavy chain (*FTH1*) gene has notably decreased in these areas (Fig 2-5). The presence of this protein is essential not only for the ferritin complex formation but also as a ferroxidase to catalyze the conversion of ferrous to ferric iron to facilitate the storage of iron within the ferritin core (5). Consequently, despite the increased amounts of labile iron, it seems that the iron storage pathway has been disrupted, impeding the assembly of the ferritin complex for safely acquiring and storing excess iron within the cells. As a result, reactive ferrous iron may have built up inside the cells.

We have also noted an upregulation in the expression of ceruloplasmin (*CP*) ferroxidase (Fig 2-5), which plays a key role in converting iron from its ferrous to ferric state at the plasma membrane, thereby facilitating the iron efflux from the cells (30). Additionally, at the chronic active rim, a notable upregulation in the ferroportin (*SLC40A1*) gene expression, along with an increased expression of the *CP* has been observed (Fig 3). This finding contradicts previous studies indicating a decrease in ferroportin at the protein level in neurons and glial cells, likely due to hepcidin-mediated degradation (12-14). The heightened ferroportin expression observed at the transcriptional level suggests a compensatory mechanism. Just as in the RNAseq study on PBMC samples taken from the blood of SPMS patients, an increase in the expression of the *SLC40A1* gene has been reported (31). Moreover, there has been a reduction in the transferrin (TF) gene expression in this specific area (Fig 3). TF, through its binding to ferric iron, plays a crucial

role in facilitating the appropriate allocation of iron among diverse cells while preventing the accumulation of reactive iron in the intercellular space. Consequently, the diminished expression of this protein suggests a potential increase in labile iron levels within the extracellular space.

In the inactive rim, there has been a notable downregulation in the expression of the transferrin receptor (*TFRC*), while the expression of the *SLC39A8* (ZIP8) has shown upregulation (Fig 4). This pattern indicates an augmented influx of iron into the cells, leading to elevated free and labile iron, with a decrease in storage capacity in ferritin proteins. Overall, both chronic active and inactive lesions rim, show a noticeable reduction in iron entry through the transferrin-dependent pathway. Conversely, there is a marked increase in the transferrinindependent pathways for iron entry into the cells.

Accordingly, our findings suggest notable changes in the iron regulatory gene expressions across the lesions and even in the PL-NAWM, which lead to dysregulation in iron homeostasis. This imbalance likely contributes to neurodegenerative processes associated with MS by promoting oxidative stress due to excess reactive iron, potentially exacerbating inflammation and neuronal damage (32, 33). The labile iron participates in the Fenton reaction, producing hydroxyl free radicals by reacting with hydrogen peroxide. In excessive labile iron status, the production of hydroxyl radicals increases which can lead to lipid peroxidation, DNA damage, mitochondrial dysfunction, and eventually oxidative stress (34). This may be triggering ferroptosis which has a crucial role in promoting MS pathology (35).

Notably, the observed modifications in the PL-NAWM can be regarded as early indicators of MS pathology, potentially resulting in iron accumulation within the cells or intercellular space. This accumulation may contribute to the lesion initiation, propagation, and subsequent damage. Recognizing these molecular changes holds promise for facilitating timely MS diagnosis. Furthermore, the genes exhibiting modified expression patterns in the MS lesions may be regarded as potential targets for developing therapeutic interventions.

Considering the varied expression of iron regulatory genes within nerve cells based on their specific functions, it is crucial to investigate the individual cells within MS lesions using the available snRNA-seq data. This targeted approach is essential for obtaining a more precise and insightful analysis.

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CONFLICT OF INTEREST STATEMENT:

The authors declare no conflict of interest.

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